



Emergency First Aid Instructor Transition Course

The Emergency First Aid Instructor Transition Course (8 hours) is designed for Emergency First Aid Instructors to become certified First Aid Instructors. It provides candidates with the knowledge and resources required to organize, plan and deliver Lifesaving Society First Aid awards up to and including Intermediate First Aid.

Note: *This course includes a mandatory pre-course assignment*

Prerequisite: Minimum 18 years of age, Emergency First Aid Instructor, 2026 online First Aid Update Course, and Lifesaving Society (or [other approved agency](#)) Standard or Intermediate First Aid. Completion of pre-course assignment.

Instruction and certification: Current First Aid Instructor Trainers who have completed the 2026 online First Aid Update Course teach and certify candidates.

Candidate recognition: Certification card.

Required references: *Canadian First Aid Manual, First Aid Award Guide, Teaching First Aid USB and Instructor Manual.*

Instructional format: This may be delivered through in-person learning only.

Instructional time: The information below shows the minimum required instructional time for up to 16 candidates in the course (i.e., time spent actively teaching). Breaks are not included in the minimum instructional time. More instructional time may be required depending on course format, number of candidates and the learning activities selected.

Emergency First Aid Instructor Transition course time breakdown:

Classroom: 8 hours

Water: 0 hours

Total Time: 8 hours

Required equipment: Classroom supplies such as tables, chairs, flip chart paper, stand and markers, masking tape, A/V equipment. First Aid equipment as required for an Intermediate First Aid course as per the [equipment list](#).

Recertification: Not applicable.

Fees: The Lifesaving Society exam fee applies to successful and unsuccessful candidates alike.

A Special Note to Trainers

The information above will be reflected in the next edition of the *Ontario Program Guide*. To advance the release of the Emergency First Aid Instructor Transition Course, this portion of the guide was placed in a special format.

Trainer Responsibilities

When conducting the Emergency First Aid Instructor Transition Course, trainers are responsible for:

- Ensuring all candidates have received and completed their pre-course assignment
- Delivering all required course content and learning outcomes, available in the [Leadership Library](#)
- Evaluating candidate performance according to Lifesaving Society standards
- Submitting successful candidate certifications promptly to ensure records are updated in Find A Member